

Build a stronger family, and create harmonious relationships with your kids for a lifetime.



# Jill Avery

Speaker | Educator | Coach | Parent

Educating, motivating, and empowering teens and adults for more than 30 years.



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Jill is one of the most candid, truthful, and charismatic speakers I've heard. I was so captivated by her that I didn't take any notes because I didn't want to miss anything she said. She knows what she's talking about--family.

*The Caster Family*

With expertise and focus on the health and wholeness of the family unit and its flow – Jill is a family educator, helping parents create productive pathways for their families to grow and evolve together (instead of growing apart). She's also an expert lecturer on building stronger families at Canyon Ranch Wellness Resort in Tucson, Arizona.

A Bachelor's and Master's degree in Speech Communication and a decade at Apple in the Education departments eventually led Jill to create four thriving businesses – all focused on empowering people and families.

As the founder of Family In Flow and the creator of the Award-Winning “All By Myself” Empowerment Series for young kids; helping families create meaningful relationships and a strong, healthy family foundation – this is Jill's heart's work and life's contribution.

Jill's greatest knowledge and experience in building stronger families comes from being in the trenches of her own parenting for almost 3 decades. She knows how to make family relationships more fun, connected, respected, and enjoyable – making her the perfect partner for strengthening your family's relationships and foundation.



Parents who have attended my speaking engagements say:

After being a part of Jill's Family in Flow lectures, *I was hooked* and wanted more. She's so *energizing* and has a way of speaking that softens your heart and *ignites your soul to do better!* - **Stephanie K.**

Jill is so *real*, which is so *refreshing*. She isn't afraid to say what every parent is thinking and feeling. She has a *gift for connecting with her audience* and making everyone feel valued, and understood. *I left feeling hopeful and capable of change.* - **Marnie R.**

*Jill needs her own talk show on FAMILY! She's hilarious, brilliant, and compelling. So inspiring I felt like I could possibly fly after her lecture.* - **Ken S.**

## POPULAR TALKS

### GETTING REAL, REAL QUICK!

It's not easy taking an honest look at ourselves to assess what we are contributing or contaminating to our family's ecosystem. If you want your children to change, it starts with you. Jill empowers you to pull back the veil, get vulnerable, and get real with yourself. This is the first step toward change. You'll gain life-changing tools to improve yourself and strengthen your family. You are the leader of your family, lead by example.

### IN FAMILY WE TRUST!

Trust is a must -- it is the foundation for strong and respectful relationships. With inevitable family friction, Jill illuminates new approaches and pathways to earn trust and respect while also infusing camaraderie and fun. There's a peaceful and enjoyable way forward with your family. Gain skills for how to effectively manage challenges and avoid unnecessary nose dives.

### GET YOUR GRAB BAG READY!

Being prepared for life's inevitable twists and turns are essential. Life is messy! Jill has a treasure trove of tools, techniques, and practices that will provide a foundation of stability, clarity, and calm. You will leave feeling equipped and ready for whatever life brings.

### POWERHOUSE PROFESSIONAL BUT POWERLESS PARENT?

Ironic, yes? With a hard earned, successful career, sizable salaries, substantial stock, bounty of bonuses, and the dream life for your family seemingly attained, how is it that when you come home, you feel powerless, invisible and disrespected? Perplexed, wondering why and how? Career success and family success are two different animals, serving two different purposes. Jill will reveal the #1 essential skill to becoming your family's greatest & most respected leader; how to break the barriers of feeling powerless; and how to create connection and respect amongst your family. Welcome home.



I'd be honored to partner with you to strengthen your family's foundation, deepen your connections, and improve your relationships for a lifetime. It starts with you!

To book Jill for your next event, please contact her [here](#).

